

**Perfect Yoga Online Schedule with ZOOM (Started since May 2020)**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15-8:15am					Hatha B-1 (Tracy)		
8:00-9:00am						Hatha 1 (Sue)	Hatha 1 (Tracy/Hoo)
8:15-9:15am		Hatha 1 (Hoo)		Hatha 1 (Hoo)			
8:30-9:30am						Hatha B-1 (Tracy)	
9:00-10:00am	Props Yoga (Hoo)		Yogacore (Tracy)		Hatha B-1 (Tracy)		
9:15-10:15am							Hatha Basic (Tracy)
9:30-10:30am		Hatha B-1 (Sylvia)		Hatha B-1 (Tracy)			
9:45-10:45am						Hatha B-1 (Eva)	
10:00-11:00am						Hatha Basic (Tracy)	
6:30-7:30pm	Hatha 1 (Kriss)	Hatha B-1 (Tracy)	Props Yoga (Hoo)	Hatha B-1 (Hoo)	Hatha 1 (Hoo)		
6:30-7:30pm			Hatha B-1 (Tracy)		Hatha B-1 (Eva)		
8:00-9:00pm	Hatha B-1 (Tracy)		Hatha B-1 (Eva)	Yogacore (Tracy)	Hatha B-1 (Tracy)		

**[Video recording and taking photo are not allowed during any online class]**

Effective - 1/10/2024

**Close on all gazetted Public Holidays, classes update refer to**

[FACEBOOK](#)

[WEBSITE](#)

**Class Level & Description:**

Hatha Basic (Beginner or new to Yoga)

Hatha B-1 (Suitable from basic to all level)

Hatha 1 (At least one year above experience)

Yogacore (Strengthening spine & core muscle, suitable for all levels)

Props Yoga (Hatha B-1 level - using yoga wheel, blocks, yoga strap, wall, chair)

Packages As Below:-

- 1) 2 months 10 lessons (RM100)
- 2) 1 month unlimited (RM128)
- 3) 3 months unlimited (RM318)
- 4) 6 months unlimited (RM588)



use Meeting ID = Perfect Yoga (790 492 1235)

use Meeting ID = Perfect Yoga 2 (481 426 7408)

→ key in your 'personal link name' = example: **103123 Lee Bing Bing**

Payment to: Perfectline Yoga and Fitness City (Public Bank: 3137357134) For enquire, contact us: Tracy (012-2206108/012-6822771)

**\* Terms & Conditions Apply**

1. The price list mentioned above is valid for online classes only.
2. All purchases are to be paid in full amount and are not refundable after utilised or after 14 days of unused from the receipt date.  
Newly purchased class package will automatically activate after 30 days left unutilised from the date of the receipt.  
Please keep the receipt as proof of purchase.
3. Membership is not transferable.
4. All lessons must be completed within a valid period; uncompleted lessons will be forfeited automatically after the expiry date.
5. The schedules are subject to change from time to time at the sole discretion of Perfectline Yoga & Fitness City.
6. Perfectline Yoga & Fitness City and its respective Instructors/Teachers are NOT liable for any misinterpretation or injury be it physical or mental during and after any online or studio session.
7. Video recording and taking photo are not allowed during any online class conducted by Perfectline Yoga & Fitness City.